



ADEPT WORKSHOP

NAVIGATING TRANSITION

with Roger Paine

ADEPT

The Association of Directors of Environment, Economy, Planning & Transport

Navigating transition with Roger Paine

Starting to consider stepping down from a top job is a significant time. The future can feel full of opportunities and yet very uncertain in equal measure.

If you are beginning to think about a new stage in your career, this half-day small group workshop could be perfect. It will examine the core themes running through all transitions - valuing freedom and autonomy, finding balance, determining what's enough and establishing a new meaning and identity in life.

You will get a personal insight into what it's like to move from being a chief executive to becoming a portfolio worker as coach, facilitator, non-executive director, advisor to a start-up company and musician.

Drawing on the experiences and lessons learned by those who have already made the change, we will explore a wide range of ideas and options to develop a personal transition framework considering five key areas in depth:

- **finance**
- **health & wellbeing**
- **intellectual stimulation**
- **skills & talents**
- **home & family**

The workshop also includes an **individual one-hour virtual follow-up session** to explore your individual transition plan.

The workshop, to be held in Birmingham on 10th March 2023, costs £300 +VAT. For more information, please email: secretariat@adeptnet.org.uk



The workshop will be facilitated by Roger Paine, a former town planner, local authority chief executive and managing director of SOLACE Enterprises who transitioned to establish and become the managing director of a consultancy company. Roger has worked with over 800 top managers in local government during his career to date.



“A well designed and thought-provoking process for reflecting on how to turbo-charge your approach to your short and medium-term future.”

Director, Unitary Council

“I now feel much more prepared for the next stage of my life. Roger is great at sharing his experience, as well as drawing out thoughts and feelings. I can thoroughly recommend this workshop.”

Chief Executive, District Council

“Overall great quality and value for money.”

Chief Executive, Unitary Council

“The real strength of the day is the opportunity to share both ambitions and concerns in an environment of trust with peers at the same stage of their careers.”

Director, County Council



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